

Shoreline / Precinct 5 Week In Review (January 16, 2026)

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Chief's Message



The Chief's Message is taking a pause this week.

Unified Response Ensures Safe ITA

On the evening of January 8, 2026, Deputies Patricia West, Roberto Rodriguez and RCR John Streimikes responded to a welfare check regarding a possible medication overdose. The subject's husband contacted authorities out of concern that his wife may have intentionally ingested medications to harm herself.

Upon contact, the subject was mistrustful and unwilling to discuss her mental health. She declined to clarify whether the ingestion was intentional and refused to allow fire medics to check her vitals.

Deputies and medics coordinated to create space and time for MHP Streimikes to interview the subject. He was able to engage with her in a calm and controlled manner and assess her condition. She displayed delayed responses, signs of paranoia, and persistent efforts to deflect questions about her wellbeing. It became evident that while she was highly intelligent and perceptive, she was also deeply fearful and reluctant to be forthcoming.

Deputy West clearly communicated the decision to transport the subject to the hospital for a mental health evaluation under ITA authority, explaining that it was not optional. This clear leadership allowed responding personnel to shift into a supportive role focused on minimizing trauma while maintaining safety.

When the subject attempted to negotiate alternatives, Deputy West remained firm while still offering reasonable accommodation, such as retrieving clothing so the subject could change later. The subject was ultimately transported and complied with medical staff without the need for physical intervention, preventing escalation.

Deputy West demonstrated exemplary professionalism, balancing compassion, respect, and decisive leadership while effectively moving the ITA process forward. This response reflects best practices in crisis intervention and inter-agency coordination.

Blood Drive Wednesday - January 21 Council Chambers

Patient need is exceeding donations, and local blood supplies are at emergency low levels. Bloodworks Northwest needs 1,000 donors daily to provide lifesaving transfusions for cancer care, trauma, and childbirth.

Bloodworks Northwest supports 95% of hospitals in Western Washington and Oregon. A blood drive will be held from 0900–1500 at the Shoreline City Council Chambers on January 21.

To schedule your one-hour appointment, scan the QR code or visit **BloodworksNW.org**.

To schedule an appointment
scan QR below



MLK Jr. Day (Monday, January 19): A time to reflect on Dr. King's legacy of justice and service.

Seahawks vs SF 49ers Divisional Playoff Game (Saturday, January 17 at 5:00 PM): Let's GO HAWKS!