

Adult Recreation Programs

Recreation Opportunities:

- Dance Classes
- Running/walking programs
- Cooking/nutrition Classes
- Co-ed Volleyball
- Basketball, Tennis
- Art classes
- Sewing classes
- Fitness/weightroom classes
- Japanese Swordsmanship classes
- Jazzercise
- Karate/Aikido classes
- Yoga
- Dog Obedience classes
- Gardening

Community Partnerships:

- Shoreline School District
- Shoreline Historical Museum
- Kruckeberg Botanical Garden
- Shoreline LFP Arts Council

